Lesson 5 - The Wayshower
Week 4 - Seeking a Better Way

Imagine you are a youth counselor. There is a young boy that you are working with who seems happy with his life but has difficulty in accomplishing in school. He lacks direction. He enjoys playing with other children and he is above average in intelligence, but he has no interested in learning or in school discipline.

What questions would you ask the boy to help him see the need to develop goals and become more organized?

Technique this week:
Flexibility and Change

Think of a time when you learned quickly from an experience and you had to change your habits and your attitudes immediately. Write down your experience.

Think about a time when you remained in a situation a long time and would not change your thinking until it became so uncomfortable you had to change. What finally forced you to learn to change? Write down your experience.

Compare the two experiences.
How did you feel in each experience? Which one was easier? What happened in the first experience that made you change your mind so quickly? How can you apply this in the future so you can learn more quickly from your experiences?

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