



New Spiritual HorizonsSM

Online Subscription and Home Study Program

Lesson 2 - Lines of Communication

Week 4 - Reading Between the Lines

The purpose of the following techniques is to help you identify the typical patterns of outside feelings you are susceptible to picking up. Use your journal or notebook to expand on specific situations.

Technique this week:

Practice detecting when people mean something more or different than what they are saying. Each evening summarize below and record your impressions. Check with your spiritual guidance to what percentage they agree with you.

Day 1	Day 2	Day 3

Day 4	Day 5	Day 6	Day 7

It is your prophetic part which believes everything you hear. You must learn to balance your 'gullibility' with the discerning ability of your Intuitive part.

At the end of a month of maintaining your journal on these matters, ask your spiritual guidance for an experience when you were less discerning than you are now.

Ask yourself, what is the difference in feeling between being gullible and being aware?
